



# NATURAL HEALTH CARE CENTER

Promoting Total Health Awareness

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*BeSavi*

## CLIENT PROFILE FORM

In order to assist us in providing you with the best quality skin care and massage treatment, please completely fill out this confidential questionnaire. Thank you!

Name \_\_\_\_\_ Birth Date \_\_\_\_\_ Date \_\_\_\_\_

Address \_\_\_\_\_ City \_\_\_\_\_ Zip \_\_\_\_\_

Home Phone: \_\_\_\_\_ Work Phone: \_\_\_\_\_ Cell Phone: \_\_\_\_\_

Referred by \_\_\_\_\_ Occupation \_\_\_\_\_

1. Have you seen a doctor in the past year for a skin disorder? Yes  No

If yes, why? \_\_\_\_\_

2. Are you currently under a doctor's care? Yes  No

If yes, why? \_\_\_\_\_

3. Are you currently taking any prescription drugs? Yes  No

If so, what/why? \_\_\_\_\_

4. Have you ever used (please check those that apply)?

Retin-A

Benzoyl Peroxide

Alpha Hydroxy Acids

Self Tanners

Buff Puffs

Granular Scrub

Hydroquinone

Other Chemical Exfoliators

If yes, when and how long? \_\_\_\_\_

5. Do you exercise? Yes  No

6. Approximately how many cups of liquid do you drink each day?

Water \_\_\_\_\_ Coffee/Tea/Cola \_\_\_\_\_ Juice \_\_\_\_\_ Alcohol \_\_\_\_\_ Other \_\_\_\_\_

7. Are you pregnant? Yes  No

8. Do you smoke? Yes  No

9. Do you wear contact lenses? Yes  No  If yes, please remove them for your Face Lift

Massage if you think they would make you uncomfortable.

10. Have you ever undergone any facial cosmetic surgery, chemical peel and/or dermabrasion?

Yes  No  If yes, explain \_\_\_\_\_

11. For the purpose of skin analysis, what is your nationality or country of origin? \_\_\_\_\_

Describe your parents' skin in:

Mother \_\_\_\_\_ Father \_\_\_\_\_

12. Describe your skin \_\_\_\_\_

13. Are you experiencing any skin problems now? Yes  No  If yes, explain \_\_\_\_\_

14. Have you ever reacted unfavorably to any skin care product? Yes  No

If yes, explain \_\_\_\_\_

15. Have you ever had acne?  Dermatitis?  Eczema?  Psoriasis?

Herpes Simplex?  Seborrhea?  When? \_\_\_\_\_

16. Do you get regular facials?  How often? \_\_\_\_\_

17. In what way can we help you in improving your skin? \_\_\_\_\_

18. Please check the products you are now using on your skin:

| Product              | Daily | Occasionally | Brand Name |
|----------------------|-------|--------------|------------|
| Cleanser             |       |              |            |
| Toner                |       |              |            |
| Moisturizer          |       |              |            |
| Eye Cream            |       |              |            |
| Facial Scrub or Peel |       |              |            |
| Masks                |       |              |            |
| Retin A              |       |              |            |
| Glycolic Acid        |       |              |            |
| Sunblock             |       |              |            |
| Other                |       |              |            |

Thank you for taking the time to fill out this Client Profile Form. It will help us to acquaint ourselves with your skin and give you the best treatment possible, tailored to your specific needs.

\_\_\_\_\_  
Your Signature

\_\_\_\_\_  
Date

\_\_\_\_\_  
Office Staff Signature

\_\_\_\_\_  
Date